

**Member Services** 

Oodle Family Medicine, LLC, provides clinic-based primary care services to its members. Members may schedule appointments as needed for preventative care such as yearly exams, chronic disease management, and in-office procedures. Same or next-business-day appointments are available for minor injuries and illnesses. There are no copayments to be seen in the office. All office visits are included in the membership.

## **Preventive and Wellness Care**

Periodic health exams, sports physicals, and recommendations for screening tests and procedures in accordance with national clinical care guidelines are included for adults and children. Promotion of a healthy lifestyle and healthy behaviors is our goal.

# Women's Health

Pre-conception counseling, post-partum care, maternal support, pap smears, and contraception management including placement of an IUD or Nexplanon is available. The cost of contraceptive implants and medication is not included in membership.

#### **Chronic Disease Care**

Ongoing care is provided for diseases like asthma, high blood pressure, diabetes, depression, with the goal of improving quality of life and reducing complications. If specialist care is needed, appropriate referrals will be made. The cost of specialist care is not included in the membership fee.

## **Gender-Affirming Care**

Gender-affirming care will be provided for transgender, non-binary or other gendered persons as deemed medically appropriate.

# **In-Office Procedures**

Skin biopsy, freezing of benign skin lesions, toenail removal, stitches, electrocardiogram, drainage of abscess, and other procedures may be performed as is clinically indicated. When there is a supply or laboratory analysis cost (e.g. pathology report) associated with a procedure you will be informed in advance.

# Laboratory Testing

For your convenience, routine labs can be drawn at Oodle Family Medicine. We have negotiated greatly reduced lab prices with a family-owned regional laboratory. Often these prices are up to 90% off of the insurance-based price. We will tell you in advance what you should expect to pay for these labs. You may also choose to have the lab company bill you through your insurance, if you wish to do this, Oodle cannot guarantee or predict pricing or your coverage.

# **Onsite Testing**

Oodle offers onsite EKGs, lung function testing (PFTs), urine pregnancy testing, and urine infection screening, and rapid strep tests as available and as clinically indicated.

# **Urgent/Sick Care**

Evaluations for illnesses or injuries that do not require immediate imaging, blood work, emergency or specialist care, but are commonly addressed in an outpatient primary care office, are included.

#### **Prescription Medications**

Common generic medications may be available and dispensed to you at wholesale prices for cash prices. If you wish to use your insurance, we can send prescriptions electronically to your preferred pharmacy. No controlled substances will be available onsite.

# Care Outside of the Office

Your provider will be available to you by telephone, email, texting, or video communication. For some situations we will make house calls (e.g. newborn care, hospice care). Our goal is for you to have access to your care provider by the method that fits you the best. Please see our "Communication Guidelines" for specifics about communicating with the office.

Reminder: Membership with Oodle Family Medicine is not an insurance plan. It provides for primary care services only and makes no provision for emergency or specialty care.